



Health History (from Parent)

Today's date: _____

Child's Name: _____ Date of birth: _____

Birth history: Birth weight: _____ Place of birth: _____

Vaginal birth? Y / N Complications? _____

Was your child born at term? Y / N _____

Any problems after birth? Y / N Problems, smoking, alcohol, or medications while pregnant? Y / N

General Health: Any chronic health conditions, major illnesses, accidents, hospitalizations or surgeries? _____

Describe: _____

Current Prescription & Over-the-counter Medications, Supplements (name, dose, frequency, reason):

Drug Allergies (what drug, when & what was the reaction?) _____

Do you consider your child to be in good health? Y / N

Are you concerned about your child's physical development? Y / N

Are you concerned about your child's mental or emotional development? Y / N

Are you concerned about your child's attention span? Y / N

Are you concerned about your child's behavior? Y / N

Is your child's ability to do things most children of the same age do limited or prevented in any way? Y / N

Does your child need or get any therapy, such as physical, occupational or speech therapy? Y / N

Does your child need or get any developmental, behavioral or emotional treatment or counseling? Y / N

Does your child need or use more medical, mental health or educational services than is usual for a child of the same age? Y / N

Do you consider your child to have special health care needs? Y / N

Past Medical History: Does your child have, or has he/she ever had:

Allergies: Past / Current _____

Developmental problem: Past / Current _____

Asthma: Past / Current _____

Endocrine problem: Past / Current _____

Heart problems: Past / Current _____

Neurologic problem: Past / Current _____

Anemia: Past / Current _____

Muscle problem: Past / Current _____

Stomach problems: Past / Current _____

Bone problem: Past / Current _____

Constipation: Past / Current _____

Headaches: Past / Current _____

Kidney/Bladder problem: Past / Current _____

Depression: Past / Current _____

Ear problem: Past / Current _____

Anxiety: Past / Current _____

Hearing problem: Past / Current _____

Significant infection: Past / Current _____

Vision/Eye problems: Past / Current _____

Chicken pox: Y / N

Skin problem: Past / Current _____

First menstruation? Y / N / NA When? _____

Previous Physician: _____

Last well child check: _____

Vaccinations up to date? : Y / N / Not sure Any vaccines received outside of Oregon? Y / N

Does your child have a dentist? Y / N Name: _____

When was the last cleaning & exam? _____

Does your child have any additional health care providers, such as therapists, naturopaths, chiropractors?

Does your child have food restrictions? Y / N What? _____

Why? _____

Does your child get moderate to hard exercise: Daily? Several times a week? Weekly? Less often?

Does your child regularly: eat fruit? Y / N eat vegetables? Y / N drink water? Y / N drink milk? Y / N

How often does your child eat fast /junk food? Rarely A few times a month Several times a week

How often does your child have sugary drinks? Rarely A few times a month Several times a week

Any caffeinated drinks? Sodas Coffee Energy drinks

Has your child's weight changed significantly or not as expected? _____

Social, Educational & Safety history:

With whom does your child live? _____

School: _____ Grade: _____

Any concerns? _____

Are you concerned about your child's academic progress? Y / N _____

Does he/she have an IEP or 504 plan? Y / N _____

Activities: _____

Religious/spiritual affiliation? _____ Pets? _____

Are there firearms in your house? Y / N How are they & any ammunition stored? _____

Does anyone at home smoke? Inside? Y / N Outside? Y / N In the car? Y / N

Does anyone else smoke around your child? Y / N _____

Does your child spend time where someone smokes indoors? Y / N _____

Does your child use sunscreen? Y / N Does your child wear a helmet to bike, skate, ride & ski? Y / N

What variety of carseat/belt does your child use currently? _____

Do you have specific health goals for your child? _____

What are your child's greatest challenges? _____

What are your child's greatest strengths? _____

Anything else you want me to know about your child? _____

Family History: If any family members have had the following conditions, please list whom:

Allergies: _____	Skin problem: _____
Breathing problem: _____	Developmental problem: _____
Obesity: _____	Learning problem: _____
Diabetes: _____	Neurologic problem: _____
High blood pressure: _____	Headaches: _____
High cholesterol: _____	Depression/Suicide: _____
Heart disease before age 50: _____	Other mental illness: _____
Stroke: _____	Alcohol abuse: _____
Blood problem: _____	Drug use: _____
Anemia: _____	Autoimmune disease: _____
Liver problem: _____	Thyroid problems: _____
Gastrointestinal problems: _____	Genetic disorder: _____
Bed wetting after 5 years old: _____	Cancer: _____
Kidney problem: _____	Significant infection: _____
Hearing problem: _____	Accidental/unexplained death: _____
Vision or eye problems: _____	Other: _____

Pharmacy preferences:

Local: _____

Mail Order: _____